



## YEAR 1 Woodpeckers

**Class Teacher/s:** Miss Harling (Monday-Wednesday) Mrs Smith (Thursday and Friday)

**Learning Support Assistant/s:** Mrs Coxeter (Tuesday-Friday) Mrs Garton (Monday)

### Important diary dates and reminders

**Friday 17th May** - Ice-cream van in school in afternoon

**Friday 23<sup>rd</sup> May** – ‘Feel Good Friday Breakfast (See below)

**Monday 3<sup>rd</sup> June** - INSET Day

**Friday 7<sup>th</sup> June** – Sports Day

**Friday 14<sup>th</sup> June** – Back Up Sports Day

**Tuesday 23<sup>rd</sup> July** - Finish at lunchtime – END OF TERM

### Class update



On Tuesday morning, Woodpeckers class visited Tilford Mosque to learn more about the Islamic religion and visit their place of worship. Everyone at the Mosque was so welcoming and mentioned, on multiple occasions, how well-behaved and respectful we all were and thanked us for wearing head-scarfs.

After looking inside the Mosque, each child was given a snack bag, which we were not expecting, and as you can imagine – they loved it! Here are some pictures from the morning. A **BIG** thank you to Mrs Kirk, Mrs Strudwick and Mrs Starostin for volunteering to help us.

In maths this week we started by completing our end of unit assessment for *multiplication and division*. We are now moving on to our fractions unit and began by

recognising and finding a half of an object or shape. To support at home you could encourage your child to cut their food up into halves or share toys/objects in to half.

In English we are continuing to develop our information writing skills. This week we learnt how to write a glossary and then planned our own information text (writing about our school).



Thank you so much to Mrs Firmstone for bringing in her adorable chicks on Thursday afternoon. The Woodpeckers loved seeing them and they all gave very gentle strokes.



### **'Feel Good Friday Breakfast'**

On Friday 23<sup>rd</sup> May, in support of Mental Health Awareness week, the Grayswood antibullying ambassadors have planned a whole school 'Feel Good Friday Breakfast.' The aim is to slow things down as the children come into school that day, so they can have time with their friends and teachers, to just chat to one another and take some time to relax and reflect. The children can come into classes from 8.20 that morning and the antibullying ambassadors will have provided mindfulness activities for classes. Then from 8.35 until 9.05, the children will be having breakfast in their classes with their teachers! We would like for children to bring in one easy to pack breakfast item, such as a croissant/ pan au raisin/ chocolat etc for themselves and then an optional item that they could share with others on their tables, such as a punnet of grapes or strawberries (washed would be very helpful!). Please can we remind everyone that we must not have any nut products in school as we have a number of allergies. Thank you for your support with this. We are really looking forward to rounding off the half term in this positive way!

Mrs Harris and the Antibullying Ambassadors

### **Homework**

#### **Phonics**



The Friday phonics sheet follows this Friday note. We are recapping sounds over the next few weeks in preparation for the phonics screening check. There are also some additional phonics screening test practise words below. Please do use this sheet to support the children at home and sign your child's reading diary to let us know how they get on.

#### **Optional Eco Homework**

Grayswood Eco Warriors need your help designing a healthy and environmentally friendly lunchbox. The Eco Warriors will choose their favourite entry which they will then make and take to Woolmer Hill School to be judged. Please see details and template at the end of this note.

Have a great weekend!

Miss Harling and Mrs Smith

	Little Wandle - Letters and Sounds Year 1 Phonics Home Learning	
	<b>Phase 5–Summer 1 Week 3</b>	

Please support your child to practise and reinforce the phonemes and graphemes we are learning in school. More information and support can be found on the Little Wandle website - <https://www.littlewandlelettersandsounds.org.uk/resources/for-parents/>

Phonemes we will be revising this week in school –

<b>ue</b>	<b>ew</b>
<b>u-e</b>	<b>aw</b>

We will be reading and writing words. Can you spot this week's phonemes?

blue glue true clue argue value flew threw grew  
chew cute cube tube rude use rule claw saw paw  
straw yawn jaw

We will be reading sentences. Can you spot any tricky words?

Is it true that you had to rescue the blue kite?  
The stick flew so high because I threw it hard.  
I can fill the tube with water if you hold it still.  
The dog was giving me its paw to shake hands.

We will be practising alien words. Can you sound out and blend?

zued yewn drell blorn glog thrisk



We will be practising tricky words. Can you spot the tricky part of the word?

today their people your any

These are our spellings. We will be tested on **Friday 10<sup>th</sup> May**

saw true chew flew cube yawn

# Phonics Screening Practice List

t	Real Words		s
	zoo	coin	
l	sight	photo	b
	cloud	skate	
a	whip	flute	e
	oyster	straw	
h	burger	first	r
	text	graph	
	handshake	script	
	shelf	glass	
	drawing	haircut	



# Phonics Screening Practice List

Nonsense Alien Words			
woid		shrop	
ump		quape	
proy		smizz	
yaup		blinch	
thisk		snoul	
phode		luft	
scund		whunkey	
froe		prinker	
spirl		thunk	
cobweeb		grelt	

# Haslemere Master Chef Event

Grayswood Eco Warriors need your help designing a healthy and environmentally friendly lunchbox. The Eco Warriors will choose their favourite entry which they will then make and take to Woolmer Hill School to be judged.

**Challenge: To design a healthy and environmentally friendly lunchbox.**

The lunchbox should contain:

A main

A fruit

A vegetable

A small dessert

A drink of water

It will be judged on:

Meeting the brief (being healthy),

Ease of making

Impact on the environment.

No Nut or nut products to be used.



## Lunchbox tips



### Keep them fuller for longer

Base the main lunchbox item on foods like bread, rice, pasta and potatoes. Choose wholegrain where you can.



### Freeze for variety

Keep a small selection of different types of bread in the freezer so you have a variety of options – like bagels, pittas and wraps, granary, wholemeal and multigrain.



### DIY lunches

Wraps and pots of fillings can be more exciting for kids when they get to make them. Dipping foods are also fun and a nice change from a sandwich each day.



### Cut back on fat

Pick lower-fat fillings – like lean meats (including chicken or turkey), fish (such as tuna or salmon), lower-fat spread, reduced-fat cream cheese and reduced-fat hard cheese. And try to avoid using mayonnaise in sandwiches. [See more healthier swap ideas](#)



### Mix your slices

If your child does not like wholegrain, try making a sandwich from 1 slice of white bread and 1 slice of brown bread.



### Always add veg

Cherry tomatoes, or sticks of carrot, cucumber, celery and peppers all count towards their 5 A Day. Adding a small pot of reduced-fat hummus or other dips may help with getting kids to eat vegetables.



### Ever green

Always add salad to sandwiches and wraps too – it all counts towards your child's 5 A Day!



### Cheesy does it...

Cheese can be high in fat and salt, so choose stronger-tasting ones – and use less of it – or try reduced-fat varieties.



### Cut down on crisps

If your child really likes their crisps try reducing the number of times you include them in their lunchbox, and swap for homemade plain popcorn or plain rice cakes instead.



### Add bite-sized fruit

Try chopped apple, peeled satsuma segments, strawberries, blueberries, halved grapes or melon slices to make it easier for them to eat. Add a squeeze of lemon juice to stop it from going brown.



### Tinned fruit counts too

A small pot of tinned fruit in juice – not syrup – is perfect for a lunchbox and easily stored in the cupboard.



### Swap the fruit bars

Dried fruit like raisins, sultanas and dried apricots are not only cheaper than processed fruit bars and snacks but can be healthier too. Just remember to keep dried fruit to mealtimes as it can be bad for teeth.



### Switch the sweets

Swap cakes, chocolate, cereal bars and biscuits for malt loaf, fruited teacakes, fruit breads or fruit (fresh, dried or tinned – in juice not syrup).



### Yoghurts: go low-fat and lower-sugar

Pop in low-fat and lower-sugar yoghurts or fromage frais and add your own fruit.

Please submit your entry to your class teacher by Friday 10<sup>th</sup> May 2024.

There is a template attached if you wish to use.

# A Healthy Lunchbox

For your lunchbox, think about foods which are part of a healthy diet.  
Draw your choices in the lunchbox below.

