



Cross-Curricular Orienteering

"Making learning active across the curriculum!"



Orienteering in PE Progression of Skills

Year	Skills	Contexts
1	New skills: To understand that symbols in a legend represent real-world features; To interpret a simple map & transfer understanding to real-world concrete materials; To make connections between the orienteering map and the real-world.	<ul style="list-style-type: none"> • Basic Maps and Map Grids • Scavenger Hunts • STAR Orienteering
2	New skills: To know the 4 cardinal directions and use these to complete outdoor challenges; To use known features on the orienteering map to navigate from the start to controls. + Application of skills learned in previous year groups	<ul style="list-style-type: none"> • Basic Maps, Map Grids and Map Squares • Scavenger Hunts • STAR Orienteering
3	New skill: Holding and setting/orientating the map + Application of skills learned in previous year groups	<ul style="list-style-type: none"> • Basic Maps and Cones • STAR Orienteering • SCORE Orienteering
4	New skill: Folding and thumbing the map + Application of skills learned in previous year groups	<ul style="list-style-type: none"> • Basic Maps and Cones • STAR Orienteering • SCORE Orienteering • RELAY Orienteering
5	New skill: Map memory and control flow + Application of skills learned in previous year groups	<ul style="list-style-type: none"> • Basic Maps and Cones • STAR Orienteering • Point-to-Point Orienteering
6	New skills: Using a compass to take a bearing; Team building skills focusing on: communication, cooperation, trust, empathy and patience. + Application of skills learned in previous year groups	<ul style="list-style-type: none"> • Basic maps and cones • STAR Orienteering • SCORE Orienteering • Point-to-Point Orienteering • Control Only Maps